

Welcome to church!

Ballina and Lennox Head Anglicans

We're so glad you are here

16 August 2026

If you're new we'd love to connect with you and hear more of your story.
Fill in a follow-up card or talk to our locum priest.

PRAYER AND CARE

Parish Prayer

Dear Lord,

No matter what walk of life we come from we must all be united in our love of you and live in unity with one another.

Let us look to our brothers and sisters for support when we need it, as we are one body.

When we follow your ways you bring peace to our hearts. Even though we fall short of your standards you will show mercy when we call out to you and you will guide us in right paths.

Amen

Pray for those in need of healing

Joy Swinbourne, Felicity Ross, Cate Bible, Alison Lee, Joyce Dooley, Beverley Grant, Alex & Myra Arrighi, Janice Bruem and Rhonda McCaughey.

Schools Prayer this week

Continue to pray for Year 12 students as they complete their schooling and make final preparations for the HSC exams and for teachers and families who support them.

Pray for SRE (Scripture) teachers in our primary schools; the Chaplain at Ballina Coast High School and for financial support to sustain this ministry; and EAC Chaplains- The Rev'd Richard Browning (Students) and The Rev'd Greg Ezzy (staff).

Saints Days This Week: Bernard of Clairvaux, abbot and teacher.

FEATURED NEWS

FEAR NOT: In our sermon last week, we reflected on the theme "Fear not" - the most frequent command in all of Scripture. One of the examples of this command was when the angel Gabriel appeared to Mary, to tell her that she would give birth to the Son of God. "Do not be afraid," he said, "for you have found favour with God."

Yesterday, our liturgical calendar remembered "Mary, Mother of our Lord". As Anglicans, we do not worship Mary, nor place her alongside Christ. Yet Scripture invites us to honour her as a woman of extraordinary faith, courage and humility.

The angel's announcement would have filled Mary's mind with both wonder and foreboding, as she would have seen the implications. Yet Mary surrendered her fears to God and responded in willing obedience. "Here am I, the servant of the Lord; let it be with me according to your word." Mary's greatness lies not in her being perfect or special in any way, but in her willingness to give herself to God. She trusted the God who had called her, even though she would face an uncertain future.

When we are faced with the things that cause us to be afraid, Mary's example can inspire us. As we reflected on Sunday, one of the key ways we can deal with our fears is to bring them to God, reach out to him in faith, and trust in the God who loves us.

"My soul magnifies the Lord. My Spirit rejoices in God my Saviour!" Mary rejoices not in herself but in God and trusts him with her future.

As the Psalmist said, "you are my hiding place when I am afraid, I will put my trust in you."

God calls us to...

Worship and pray *creatively* encountering God in old ways and new

Think and learn *eagerly* discovering more about God and faith

Serve and care *generously* sharing God's love and justice in our community

Accept and include *compassionately* because God's table has a place for everyone

READINGS for this week

Pentecost 12

Genesis 45:1-15; Psalm 133:

Romans 11:13-32; Matthew 15:21-28

READINGS for next week

Pentecost 13

Exodus: 1.8-2.10; Psalm 124:

Romans 12:1-8; Matthew 16:13-20

OP SHOP AND ISAIAH 61 PROJECT NEWS

Op Shop open Mon-Fri 9.00 - 3.30; Sat 9.00 – 12.30

Free Community BBQ Breakfast

8-10 am at St Mary's 2nd, 3rd, 4th Saturday

Next one is 22 August.

Come for a delicious breakfast and friendly conversation.

All are welcome.

***God calls us to bring good news to the poor and the oppressed.
(Is. 61:1)***

FOR YOUR ATTENTION

Bible Study with Rev Cathy:

God's people in the wilderness
Sundays 4-5.30 pm at Lennox
Head 16 August- final session.

St Mary's Music Estuary

Concert: This afternoon-

Sunday 16 August St Mary's
Church at 3pm:

Gold Coast Quartet- violin, viola,
cello, piano.

Community Supported Produce:

Next day- Monday 17 August.
Order-QR code, or
phone- 0431 716 457. Small,
medium, large boxes.

BCEC Trivia Night: Saturday 22

August 6pm to 6.30pm start.

Seacoast Church, 52 De-Havilland
Cres. Ballina. Adults- \$30 per
table of 8. An evening of fun,
laughs and friendly rivalry- for all
ages. RSVP: Sun 16 August to
Jan- 0409 472 851. Supporting
chaplaincy in Ballina Coast High
School.

Advance Notice:

Combined Service: Sunday 30
August 10am St Mary's Church
Ballina

WORSHIP TIMES

Sunday 16 August

8am Lennox Head

10am Ballina

Wednesday 19 August

10am Ballina

Sunday 23 August

8am Lennox Head

10am Ballina

Wednesday 26 August

10am Ballina

11.30am Palm Lake Resort

ON EVERY WEEK

Craft Group

Mondays 9.30am

except Public Holidays

Function Room

St Mary's Singing Group

Thursdays 2pm

Function Room

Prayer Group

Thursdays 3pm

Mariners Chapel

ON EVERY MONTH

Death Café

First Saturday of each month

10.30am Function Room

Men's group

Second Wednesday monthly

8.30am The Corner Café

FORTNIGHTLY

Community Supported

Produce

31 August. 14, 28 Sept

CONTACT US

Locum

Bishop Carol Wagner

0427 836 988

or via office email

*Workdays: Sunday, Tuesday
and Wednesday*

Parish Office

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Website

www.anglicanballina.com.au

Facebook

Ballina and Lennox Head
Anglicans

GIVING OPTIONS

By Direct Debit or online

BSB: 705077 Acc:

00040134

Ballina Anglican Parish

In Person

Gifts can be placed in
offertory box during services

Birthdays

Phillip Goulding

Carolyn Brown

Elaine Moyle

Office Administrator's

Leave: Cathie Guest is on
long term leave. Her workload
is covered by volunteers with
the Parish Office open
Monday to Thursday 9am to
1pm.

St Mary's Church and Parish
Office will be closed on
Fridays until further notice.

Mission of the Month – Act for Peace Projects: “To create, together, a world where people uprooted by conflict and disaster have a safe place to belong. We are an international humanitarian agency that works with and for people around the world who are uprooted by conflict and disaster.”