

Welcome to church!

Ballina and Lennox Head Anglicans

We're so glad you are here

8 FEBRUARY 2026

If you're new we'd love to connect with you and hear more of your story.
Fill in a follow-up card or talk to one of the priests.

PRAYER AND CARE

Parish Prayer

Lord,
Make us the salt of the earth and the light of the world.

Keep our faith alive and visible,
so our lives point others to You.

Shape our hearts to love Your ways
and live out Your truth with humility and obedience.

May all we do bring glory to the Father.
Amen.

Pray for those in need of healing

Joy Swinbourne, Ros Rowe, Felicity Ross, Mavis McDonald, Janice Peate, Cate Bible, Alison Lee, Joyce Dooley, Rev. Russell Trickey, John & Beverley Grant, Jacob & Ali and Ayla Mae, Alex & Myra Arrighi, Janice Bruem, Joan Swinbourne, Merle McCully and Cedric Stedman.

Prayer for our schools

We pray that all students will be supported and equipped for learning so that they can participate to the fullest in school life and so reach their potential.

We give thanks for all in our community who encourage and give generously of their time, energy and financial support so that each child has opportunities to excel.

Amen.

FEATURED NEWS

PREPARING FOR LENT

Please bring in your old palm crosses by Sunday 15 February. These will be burned to make the ash that is used on Ash Wednesday.

MUSIC OF SILENCE

Tuesdays during Lent, 3 - 4pm at St Mary's. Each session will begin with an introductory talk followed by a 40 min practice. We sing hymns and songs, chant psalms and chants, listen to music and experience how the flow of music opens a different relationship with time. We slow down and allow, open space for stillness to enter and perhaps prayer or just a moment of peace.

APPRECIATION GIFT TO THE REVEREND CATHY RIDD ON HER RETIREMENT

High Tea in her honour will be held on Saturday 21 February 2pm Function Room. Donations in an envelope, marked Reverend Cathy's gift in the offertory box or by direct deposit to Ballina Anglican Parish-

BSB 705077. Account Number- 00040134.

Reference- Reverend Cathy's Gift.

ANNUAL GENERAL MEETING

Sunday 22 February immediately after a combined 10 am service

St Mary's Function Room

At our AGM we will review the Annual Report for 2025, consider the budget for 2026, and carry out elections for Parish Council, Parish Nominators, Church Wardens and Synod representatives.

This is an important meeting in the life of the Parish. All regular communicant members of the Parish are invited to attend and participate.

God calls us to...

Worship and pray *creatively* encountering God in old ways and new

Think and learn *eagerly* discovering more about God and faith

Serve and care *generously* sharing God's love and justice in our community

Accept and include *compassionately* because God's table has a place for everyone

READINGS for this week*Epiphany 5*Isaiah 58:1-9a; Psalm 112;
Matthew 5:13-20**READINGS for next week***Transfiguration*Exodus 24:12-18; Psalm 2; 2 Peter 1:16-21
Matthew 17:1-9**OP SHOP AND ISAIAH 61 PROJECT NEWS**

Op Shop open Mon-Fri 9.00 - 3.30; Sat 9.00 - 12.30

Free Community BBQ Breakfast

8-10 am at St Mary's 2nd, 3rd and 4th Saturdays,

Next one is 14 February.

Come for a delicious breakfast and friendly conversation.

All are welcome.

***God calls us to bring good news to the poor and the oppressed.
(Is. 61:1)*****SPECIAL EVENTS****Contra Guitar Duo Concert**Sunday 8 February, 3 pm
at St Mary's. Emma-Shay
Gallenti-Guilfoyle & Hamish
Strathdee performing works by
Australian composers.**Men's Group**Wednesday 11 February
8 for 8.30am start
The Corner Café, corner Cherry &
Fox St. RSVP to
John Phillips jrphil54@gmail.com**Shrove Tuesday (Pancake Day)**Tuesday 17 February, 10.30am -
Join us for a pancake morning tea
at McDonalds, as we celebrate
and prepare to begin the season
of Lent.To give us an idea of numbers
please add your name to the
signup sheet in the foyer.**Ash Wednesday**Wednesday 18 February
8 am Lennox Head, 10 am Ballina
Begin the season of Lent with the
Imposition of Ashes at our special
services at both centres.**Rev Cathy's Farewell High Tea**Saturday 21 February 2pm, St
Mary's Function Room.
To help with catering, please add
your name to the signup sheet in
the foyer.**WORSHIP TIMES***Sunday 8 February*8am Lennox Head
10am Ballina*Tuesday 10 February*

10.30am Crowley Chapel

*Wednesday 11 February*10am Ballina
11.30am Palm Lake Resort*Sunday 15 February*8am Lennox Head
10am Ballina*Tuesday 17 February*

10.00am St Andrews Village

*Wednesday 18 February**Imposition of Ashes*
8am Lennox Head
10am Ballina**ON EVERY WEEK***Mondays 9.30am*Craft Group
Function Room*Thursdays 2pm*St Mary's Singing Group
Function Room*Thursdays 3pm*Prayer Group,
*Mariners Chapel***CONTACT US****Rector**

The Rev'd Cathy Ridd

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revridd@gmail.com

*Days off: Friday & Monday***Parish Office**

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Website

www.anglicanballina.com.au

Facebook

Ballina and Lennox Head

Anglicans

Parish YouTube Channel:

Ballina Lennox Head

Anglicans

GIVING OPTIONS**By Direct Debit or online**BSB: 705077 Acc:
00040134

Ballina Anglican Parish

In PersonGifts can be placed in
offertory box during services**PLEASE WEAR YOUR NAME BADGE**

With locum priests and eventually a new rector in the Parish, it is very helpful if you wear your name badge. Please get into the habit of wearing your badge each week.

If you don't have a badge or can't find it, fill in a form requesting a new one at no cost. The forms are in the foyer at each church.

Mission of the Month of February – Anglicare Affordable Housing Foundation