

Welcome to church!

Ballina and Lennox Head Anglicans

We're so glad you are here

1 FEBRUARY 2026

If you're new we'd love to connect with you and hear more of your story.
Fill in a follow-up card or talk to one of the priests.

PRAYER AND CARE

Parish Prayer

Lord God, You call us to listen—to stand still and hear Your voice.

You have already made Your will clear to us: to do justice—to choose what is right, fair, and faithful,

especially for those without power.

To love mercy—to delight in kindness, compassion, and forgiveness, not as a duty, but as a joy.

And to walk humbly with You—step by step, teachable and aware

that every breath, every good thing, comes from Your hand.

So shape our lives, O God, that our faith would be seen in how we live, how we treat others, and how closely we walk with You. Amen.

Pray for those in need of healing

Joy Swinbourne, Ros Rowe, Felicity Ross, Mavis McDonald, Janice Peate, Cate Bible, Alison Lee, Joyce Dooley, Rev. Russell Trickey, John & Beverley Grant, Jacob & Ali and Ayla Mae, Alex & Myra Arrighi, Janice Bruem, Joan Swinbourne, Merle McCully and Cedric Stedman.

Prayer for our schools

As the new school year commences we pray that all involved in our schools will be committed to use their skills and passion to make a positive difference in the lives of the students so that each school day will be an exciting and joyful adventure. Amen

FEATURED NEWS

PARISH COUNCIL JAN REPORT- OP SHOP CORRECTION FOR DONATIONS

The January Parish Council Report indicated the Op Shop would not be taking donations on Mondays.

This was not correct. It was for one Monday only. **The Op Shop will be taking donations on Mondays as usual.** Apologies from the Parish Council Secretary for this error.

PREPARING FOR LENT

Please bring in your old palm crosses by Sunday 15 February. These will be burned to make the ash that is used on Ash Wednesday.

Dates for your diary:

Shrove Tuesday 17 February, 10.30 am - celebrate Pancake Day with a pancake morning tea at McDonalds.

Ash Wednesday 18 February - Service of Imposition of Ashes:

8 am Lennox Head, 10 am Ballina

Lenten weekly reflection series - Encountering silence through music - Tuesday afternoons during Lent - watch this space for details soon.

APPRECIATION GIFT TO THE REVEREND CATHY RIDD ON HER RETIREMENT

Parishioners are invited to contribute to a retirement gift for The Reverend Cathy Ridd acknowledging her contribution to mission and ministry in Ballina. A High Tea in her honour will be held on Saturday 21 February 2pm in the Function Room. Donations can be made in an envelope, marked Reverend Cathy's gift and placed in the offertory box or by direct deposit to Ballina Anglican Parish- BSB 705077. Account Number- 00040134. Reference- Reverend Cathy's Gift.

God calls us to...

Worship and pray *creatively* encountering God in old ways and new

Think and learn *eagerly* discovering more about God and faith

Serve and care *generously* sharing God's love and justice in our community

Accept and include *compassionately* because God's table has a place for everyone

READINGS for this week

Epiphany 4
Micah 6:1-8; Psalm 15;
Matthew 5:1-12

READINGS for next week

Epiphany 5
Isaiah 58:1-9a; Psalm 112;
Matthew 5:13-20

OP SHOP AND ISAIAH 61 PROJECT NEWS

Op Shop open Mon-Fri 9.00 - 3.30; Sat 9.00 - 12.30

Free Community BBQ Breakfast

8-10 am at St Mary's 2nd, 3rd and 4th Saturdays,

Next one is 14 February.

Come for a delicious breakfast and friendly conversation.

All are welcome.

God calls us to bring good news to the poor and the oppressed.
(Is. 61:1)

CONTACT US

Rector

The Rev'd Cathy Ridd

0427 836 988

revridd@gmail.com

Days off: Friday & Monday

Parish Office

Phone: 6686 2094

office@anglicanballina.com.au

Website

www.anglicanballina.com.au

Facebook

Ballina and Lennox Head
Anglicans

Parish YouTube Channel:

Ballina Lennox Head
Anglicans

GIVING OPTIONS

By Direct Debit or online

BSB: 705077 Acc:
00040134

Ballina Anglican Parish

In Person

Gifts can be placed in
offertory box during services

SPECIAL NOTICE

HELP NEEDED FOR BALLINA SUNDAY SERVICE

Can you help with any of the
following roles?

Training is provided for the
more complex jobs.

- Welcoming
- Handing out pew sheets
- Hand sanitising prior to
Communion
- Reading
- Morning Teas
- Chalice Assistants
- Sacristan - setting up for
communion
- Sacristan - washing up
- Assisting with counting the
offertory
- Operating the sound desk and
laptop

Contact Kerry Johnston at
kerrymj@ymail.com

WORSHIP TIMES

Sunday 1 February

8am Lennox Head

10am Ballina

Wednesday 4 February

10am Ballina

Sunday 8 February

8am Lennox Head

10am Ballina

Tuesday 10 February

10.30am Crowley Chapel

Wednesday 11 February

10am Ballina

11.30am Palm Lake Resort

ON EVERY WEEK

Mondays 10am

Craft Group

Function Room

Thursdays 2pm

St Mary's Singing Group

Function Room

Thursdays 3pm

Prayer Group,

Mariners Chapel

Men's Group

returning February.

PLEASE WEAR YOUR NAME BADGE

With locum priests and eventually a new rector in the Parish, it is very helpful if you wear your name badge. Please get into the habit of wearing your badge each week.

If you don't have a badge or can't find it, fill in a form requesting a new one at no cost. The forms are in the foyer at each church.

Birthday:

Alex Arrighi;

Vicki Goulding;

Judy Weir

Sindisiwe Malaba

Thandiwe Malaba

Mission of the Month of February – Anglicare Affordable Housing Foundation