

Welcome to **Ballina and Lennox Head Anglicans** church!

We're so glad you are here

2 MARCH 2025

If you're new we'd love to connect with you and hear more of your story.

Fill in a follow-up card or talk to one of the priests.

PRAYER AND CARE

Parish Prayer

Holy Lord, look upon your people with mercy and forgive our sins. Help us to reflect your countenance and love in all our actions to others. Help us to revere your power and holiness, remembering you are the avenger of wrongdoing and lover of justice and equity. Your son Jesus is the Chosen One who is ready to intercede for us and forgive our sins when we are truly remorseful. In talking with you we will become a new person having a changed complexion that is immediately apparent to those we meet daily. Amen.

Pray for those in need of healing

Joy Swinbourne, Ros Rowe, Phil and Felicity Ross, Mavis McDonald, Maisie Stratton, Yvette Paish, Janice Peate, Cate Bible, Alison Lee and Bonnie.

School Prayer of Emmanuel Anglican College (EAC):

We give thanks for the availability of St Mary's Church for some EAC Chapel services. We pray the students and teachers, led by Chaplain Rev'd Richard Browning, will appreciate the value in worshipping in a special place of prayer and worship and grow to learn the importance of being part of a faith community.

Do you have a prayer need?

Our Prayer Chain is a group of mighty pray-ers who will pray for you. This is completely confidential. Contact Pat Kerr on 0412 297 766 or email pat.kerr.01@gmail.com with any prayer request.

FEATURED NEWS

INVITATION TO A HIGH TEA FOR ALL VOLUNTEERS

**Saturday 22 March from 10 am,
St Mary's**

This is for everyone who has given their time, gifts and talents in the service of God in this parish, whether now or in the past. Join us for a delicious high tea as we say thank you. Please put your name on the sign-up sheet in the foyer, to help us with catering.

SERVICE FOR YOUNG PEOPLE AND FAMILIES

Through 2024 our Worship and Faith Formation Committee prayed about how and if we might introduce a service for young people and families. Toward the end of the year God answered our prayer in a rather unexpected way. In conversations with Emmanuel Anglican College, they asked if they might come to St Mary's regularly to conduct a school chapel service. This is a service not only for the pupils, but for their families and for us!

The intention is that eventually these services will be weekly, but we're not quite there yet. Each chapel service will be for a different year group, and you are most welcome to attend.

Please come along and join in with the children of our school as they begin to discover the joy of worship in our sacred space.

The first chapel service is on Wednesday 26 March at 1.45 pm at St Mary's.

OP SHOP AND ISAIAH 61 PROJECT NEWS

For over a year we have been waiting for the arrival of the Sleepbus, which would be based at St Mary's 3 nights per week, offering safe sleeps to homeless people. Unfortunately the charity is being dissolved, and the bus that was intended for Ballina is going elsewhere.

We are committed to offering what support we can to the homeless people in town, and we have found another option to assist them to sleep more securely: Backpack Beds. You can see one on display at St Mary's. They are fire retardant, waterproof, mosquito proof, and easy to carry. We have ordered eight initially, and are spreading the word among the homeless community.

Rev. Cathy has been contacted both by the State Government and the mayor to discuss the issue of homelessness in our community. She has also been consulted about starting another Orange Sky Laundry Van shift in Ballina, to assist those who are homeless.

God calls us to bring good news to the poor and the oppressed. (Is. 61:1)

SPECIAL EVENTS

Ballina Coast High School Museum

3pm Wednesday 5 March.
Please complete the attendance sheet in the foyer.

Commissioning of our new Church Wardens and Parish Council

Sunday 9 March
8am Lennox Head
10am Ballina

Sing for Joy - Choral & Orchestra Concert

3pm Sunday 9 March St Mary's
Amatori Choir and Orchestra present excerpts from Mendelsohn's Oratorio 'Elijah' and Bach's Christmas Oratorio. Tickets: \$25/\$20 Concession at the door Or book:

www.themusicestuary.org

Orava String Quartet Concert

3pm Sunday 23 March St Mary's

Orava present works by de Victoria, Byrd, Beethoven, Penderecki and Czarniecki.

This is a world class presentation and is being co-hosted by Byron Music Society.

All events relating to Lent are on the next page.

WORSHIP TIMES

Sunday 2 March

8am Lennox Head
10am Ballina

Shrove Tuesday 4 March

12-4pm Private Confessions
Ballina
5.15pm Evening Prayer
Ballina

Ash Wednesday 5 March Imposition of Ashes

8am Lennox Head
10am Ballina

Sunday 9 March

8am Lennox Head
10am Ballina

Tuesday 11 March

10.30am Crowley Chapel
5.15pm Evening Prayer
Ballina

Wednesday 12 March

10am Ballina
11.30am Palm Lake Resort

ON EVERY WEEK

*Mondays 9.30 am
except Public Holidays
Craft Group*

*Tuesdays 5.15pm
Evening Prayer -
Mariners' Chapel
in person or by Zoom using the
following link:*

[https://us06web.zoom.us/
j/3499296241?
pwd=9ol76lJiQtu56mYaZDbIpBui
VBxtLA.1#success](https://us06web.zoom.us/j/3499296241?pwd=9ol76lJiQtu56mYaZDbIpBuiVBxtLA.1#success)

*Thursdays 10.30 am
Coffee 'n' Chat - Ballina*

*Thursdays 2pm
St Mary's Singing Group
Function Room*

*The Parish Office will be closed 7
-10 March.*

Birthday:

Nkosi Malaba

ePray Daily - an app for morning and evening prayer

You can download the ePray app for free, onto your phone, tablet or other device. This app gives you each day's morning and evening prayer, plus compline, both the Australian prayer book version, and from the Book of Common Prayer. You will find this especially helpful if you join us for Tuesday evening prayer. It includes not only the prayers for the day, but also the psalm and readings.

It is very easy to use, and we highly recommend it to assist you in your daily prayer life.

Everything you need for Lent, Holy Week and the Season of Hope

Lenten Study Book

This year we are offering a Lenten Study called Hope25, a study created for the whole of the Anglican Church of Australia.

It contains daily reflections for you to do at home, as well as a weekly group study.

The book is available for \$15 at both centres or from the Parish Office. Please let us know confidentially if this cost is a problem and we will make arrangements to assist you.

LENTEN EVENTS

Shrove Tuesday (Pancake Tuesday)

10.30am Tuesday 4 March at McDonalds 54 Bangalow Rd.

Please complete the attendance sheet in the foyer for catering purposes.

Confidential Confession

12pm Tuesday 4 March
St Mary's Ballina.

Prepare for Lent with confidential confession with one of our clergy. As well as reflecting on ways you have sinned, you may have a burden which you wish to lay down, or something that is troubling you.

No booking is necessary

Ash Wednesday Imposition of Ashes

8am St John the Baptist
10am St Mary's

We begin Lent with a time of mutual confession and reflection, and with the imposition of ashes as a reminder of our need for God in our human frailty.

Hope25 Lenten Group Studies

Sundays 9/3 - 13/4
Lennox 4 - 5.30

Tuesdays 11/3 - 15/4
St Mary's 2 - 3.30

HOLY WEEK EVENTS

Palm Sunday - 13 April

Vox Caldera Chamber Choir
Concert

3pm St Mary's

Maundy Thursday - 17 April

Service of Shadows

5.30 - 6.30 pm, St Mary's

We accompany Jesus through his final days with words and music, extinguishing candles as we remember the shadows that fell on Jesus, and on the world, in that final week. Music by Hamsa Arnold (organ) and Zoe Heflin (cello).

Prayer Vigil

6.30 - 8 pm, St Mary's

After the Service of Shadows, you may join the prayer vigil in the Mariners' Chapel as we remember Jesus in the Garden of Gethsemane.

Stay for as short or long a time as you wish.

Good Friday - 18 April

Veneration of the Cross

8am St John the Baptist

10am St Mary's

The Seven Last Words of Christ

3pm St Mary's

A musical reflection on the seven last words of Christ, featuring Haydn's renowned 'Seven Last Words' piano sonatas.

Easter Day - 20 April

Lennox Head Sunrise Service

7am at Ross Park Lennox Head followed by morning tea at the Point Café

Holy Communion

10am at St Mary's followed by hot cross buns/

HOPE AT THE OP SHOP

Hope25 will run from Easter Day to Pentecost Sunday. In this time Anglican churches around Australia are encouraged to connect with their communities, and to share hope in Jesus.

We will do this through meaningful conversations with people in our community. And what better place to meet people than at our Op Shop! Throughout the Season of Hope we will be in front of the Op Shop talking (maybe even praying) with passers-by.

Would you like to be part of this? You can be rostered on as little or as often as you wish. There will always be at least 2 people present, including one of the clergy, and there will be practice/training to prepare for this ministry.

Hope at the Op Shop: 1- 3 pm each Tuesday and Thursday, from 29 April to 5 June

Contact Rev. Cathy

Op Shop 'Hope' Mural

We are delighted to be working with Emmanuel Anglican College as we prepare for the Season of Hope. The Year 10 art students will be painting a mural on one of the Op Shop external walls: the word 'Hope' in street-art style.

READINGS for next week

Lent 1

Psalm 91:1-2, 9-16; Romans 10:4-13
Luke 4:1-15

READINGS for this week

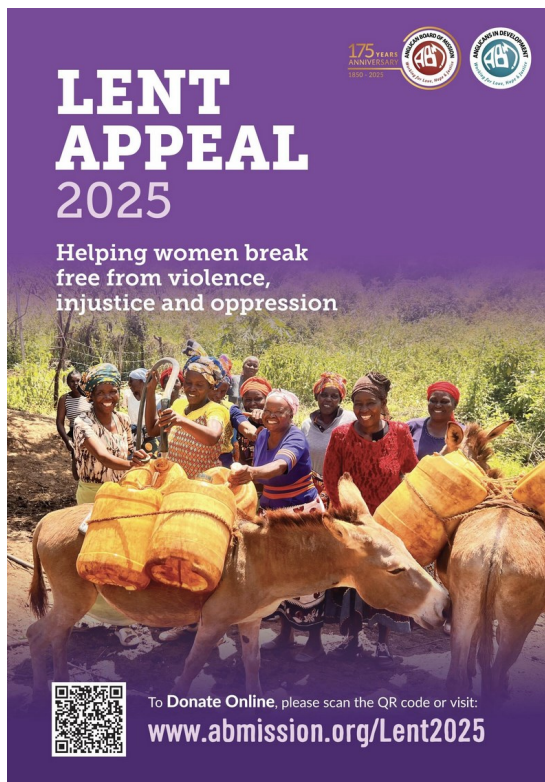
Transfiguration

Exodus 34:29-35; Psalm 99;
Luke 9:28-

MISSION OF THE MONTH:

MISSION FOR MARCH: Anglican Lent Appeal 2025.

ABM AID's Lent Appeal 2025 features our partners and the women they empower through education, livelihoods, and community leadership in Zambia, Papua New Guinea, Kenya, Vanuatu, and the Philippines. Together, we help them transform lives and challenge injustice.



CONTACT US

Rector

The Rev'd Cathy Ridd
0427 836 988
revridd@gmail.com
Days off: Friday & Monday

Assistant Curate

The Rev'd Mandy Larkin
0460 872 944
mandylarkin08@gmail.com
Days off: Friday & Saturday

Parish Office

Phone: 6686 2094
office@anglicanballina.com.au

Website

www.anglicanballina.com.au

Facebook

Ballina and Lennox Head
Anglicans

We are selling our 12 yo ride-on mower. Model John Deere Z155R 42" 17hp.

Tenders in sealed envelope marked "MOWER-CONFIDENTIAL" to the Office Administrator no later than midday Monday 3 March. Further details contact Hugh McIntosh 0488721153

Bring in your old palm crosses

Please bring in your old palm crosses from last year. These will be burned on Shrove Tuesday to prepare the ash which we will use on Ash Wednesday.



GIVING OPTIONS

By Direct Debit or online
BSB: 705077 Acc: 00040134

In Person

Gifts can be placed in
offertory box during services

God calls us to...

Worship and pray *creatively* encountering God in old ways and new

Think and learn *eagerly* discovering more about God and faith

Serve and care *generously* sharing God's love and justice in our community

Accept and include *compassionately* because God's table has a place for everyone