

# Welcome to church!

Ballina and Lennox Head Anglicans

We're so glad you are here

**25 AUGUST 2024**

God calls us to...

**Worship and pray** *creatively* encountering God in old ways and new

**Think and learn** *eagerly* discovering more about God and faith

**Serve and care** *generously* sharing God's love and justice in our community

**Accept and include** *compassionately* because God's table has a place for everyone

If you're new we'd love to connect with you and hear more of your story.  
Fill in a follow-up card or talk to one of the priests.

## PRAAYER AND CARE

### Parish Prayer

Loving and gracious God, we thank you that when life is tough and we find some days a struggle, we can call out to you and find refuge and strength to carry on. You are never changing and always there for us. Keep us focused on your Word and connected to you in prayer, so that we may feel your peace and your love surround us in our time of need. We know that you will show us the way forward through your mighty power. You are the only way. We thank you in Jesus' name. Amen.

### Pray for those in need of healing

Joy Swinbourne, Ros Rowe, Alex & Myra Arrighi, Gerri White's granddaughter, Phil and Felicity Ross, Ramin Nairyzi, Mavis McDonald, Betty Missingham, Damien Bourke, Margaret Saul, Maisie Stratton, Yvette Paish, Jimmy Gistitin, and Janice Peate.

### We pray for our schools:

We continue to pray for all Year 12 students as they prepare for the HSC and complete their secondary schooling. May they experience peace, focusing on their preparations and a balance in their daily routines.

Emmanuel Anglican College: We give thanks for the Chaplain to Staff The Venerable Greg Ezzy, for his compassion, words of encouragement and commitment to the wellbeing of staff and their families.

### Do you have a prayer need?

Our Prayer Chain is a group of mighty pray-ers who will pray for you. This is completely confidential. Contact Pat Kerr on 0412 297 766 or email pat.kerr.01@gmail.com with any prayer request.

## FEATURED NEWS

### MUSIC IN THE LITURGY

Join Hamsa Arnold as we explore how music enhances and completes our worship.

We are very fortunate to have a musician of Hamsa's calibre in our Parish:

he is not only a gifted musician but also an inspiring teacher. Come along, be uplifted.

St Mary's Function Room 27/8, 3/9

from 2.00 - 3.30 pm.

### **BCEC (Ballina Christian Education Committee)**

#### **Spring Street Stall**

Saturday 7 September 7.30 am - 1pm  
River Street Ballina near Wigmore Arcade

Drop off donations from 7 am to the stall or phone Sue for pick up on 0407 241 467. In line with food safety regulations, please label all cooking with ingredients and ensure that all food items are fully wrapped or in enclosed takeaway containers.

## READINGS for this week

*Pentecost 14*

Psalms 34, Ephesians 6:10-20, John 6:56-69

## READINGS for next week

*Pentecost 15*

Psalms 15, James 1:17-27, Mark 7:1-8, 14-23

### SPECIAL EVENTS

#### BCEC Prayer Group

4.15pm Ballina Baptist Church

#### Songs of Love & Longing

A beautiful bouquet of compositions of the famous Baroque composer Handel is presented in this afternoon program at St Mary's.

Gaynor Morgan, Soprano

Geof Webb, Tenor

Margaret Connolly, Violin

Daniel Curro, Cello

Peter Roennfeldt, Harpsichord

Sunday 1 September 3.00 pm

St Mary's Ballina

Tickets available from

[www.trybooking.com/CUBAB](http://www.trybooking.com/CUBAB)

\$25 or concession \$20

#### Prayer Workshop: The Light of The Days

Saturday 31 August 1-4pm

Christ Church Cathedral, Grafton

Led by Rev Richard Browning

### WORSHIP TIMES

*Sunday 25 August*

8 am Lennox Head

10 am Ballina

*Wednesday 28 August*

10 am Ballina

11.30am Palm Lake Resort

*Sunday 1 September*

8 am Lennox Head

10 am Ballina

*Wednesday 4 September*

10 am Ballina

### ON EVERY WEEK

*Tuesdays 9.30 am*

Craft Group - St Mary's Function Room

*Thursdays 10.30 am*

Coffee 'n' Chat – Gallery Café  
Cherry St, Ballina

*Thursdays 2pm*

St Mary's Singing Group practice  
St Mary's Function Room

### CONTACT US

#### Rector

The Rev'd Cathy Ridd

0427 836 988

revridd@gmail.com

Days off: Friday & Monday

#### Assistant Curate

The Rev'd Mandy Larkin

0460 872 944

mandylarkin08@gmail.com

Days off: Friday & Saturday

#### Parish Office

Phone: 6686 2094

office@anglicanballina.com.au

#### Website

www.anglicanballina.com.au

#### Facebook

Ballina and Lennox Head

Anglicans

### GIVING OPTIONS

**By Direct Debit or online**

BSB: 705077 Acc: 00040134

#### **In Person**

Gifts can be placed in offertory box during services

### CELEBRATIONS

Happy anniversary to:

Graham and Jan Fryer, and Rodney and Cathie Guest

### OP SHOP AND ISAIAH 61 PROJECT NEWS

Op Shop open Mon-Fri 9.00 - 3.30; Sat 9.00 - 1.00

#### **Free Community BBQ Breakfast**

Our BBQ breakfast went very well on Saturday 17 August. We have a fantastic team of volunteers, preparing delicious food and serving it with love. Now that the BBQ has been running for several months, we are making meaningful connections with our regular diners. The blankets and other goodies made by the Craft Group were once again very popular, and several people who are sleeping rough were glad of the donated jackets and jumpers from the Op Shop.

*God calls us to bring good news to the poor and the oppressed. (Is. 61:1)*

### MISSION OF THE MONTH:

#### **Act for Peace**

International Humanitarian Agency- partnering with other agencies. "Together, we're creating a world where people uprooted by conflict and disorder, have a safe place to belong." Major focus- refugees displaced by war.