



ANGLICAN PARISH OF BALLINA

*“An inclusive Christ-centred community,
growing in our relationship with God
and the wider community”*

*We acknowledge the traditional custodians of this land, the
Bundjalung nation, and pay respects to their elders past and
present.*

SUNDAY 28 JANUARY 2024

THE FOURTH SUNDAY AFTER EPIPHANY

Loving God, In this world of wonder and delight that you have created, there are many challenges that we face each day. When we turn to you in faith, you are always there to guide us every step of the way. We praise you for your love and compassion. Help us to always seek your truth and show us how to share your blessings with others, that they too will learn to trust you in their lives, and share your joy with others. We pray in the name of Jesus our Redeemer. Amen.

Parish Prayer

PARISH PRAYER POINTS

We pray for those who have asked for healing prayer: Joy Swinbourne, Ros Rowe, Alex & Myra Arrighi, Gerri White's granddaughter, Phil and Felicity Ross, Ramin Nairyzi, Mavis McDonald, Betty Missingham, Damien Bourke, Josh Stanley, Margaret Saul, Maisie Stratton and David McCarthy.

Birthday: Alex Arrighi

Readings for this week:

Ps 111; 1 Cor. 8:1-13; Mark 1.21-28

Readings for next week:

Ps 147:1-11; 1 Cor. 9:16-23; Mark 1.29-39

Bring in your old palm crosses - Ash Wednesday is 14 February. Please bring in your old palm crosses and leave them in the box at each centre. We will burn the old palm crosses to make ashes for use on Ash Wednesday.

Community BBQ Breakfast at St Mary's, 3rd Saturday of each month Would you like to volunteer at our Saturday BBQ breakfast? Roles include: barbecue cook, tea/coffee serving, table waiting, cleaning up. Contact Rev. Cathy if you're interested.

The breakfasts will start in March with more details coming soon.

This is a new initiative of the Isaiah 61 Project.

Marking Shrove Tuesday (Pancake Day) in a different way It is customary in many cultures to feast on Shrove Tuesday before the Lenten fast begins. In our Anglican tradition this is how it came to be known as Pancake Day. But Shrove Tuesday is not only about feasting. It is also the day when Christians traditionally prepare for Lent by making their confession. That's where the name 'Shrove Tuesday' comes from: to shrove yourself is to make your confession to a priest. This year you're invited to mark Shrove Tuesday with both pancakes and confession:

Pancake morning tea at Ballina McDonalds - 10.30 am Tuesday 13 February: add your name to the sign-up sheet to give us an idea of numbers.

Individual confession: Tuesday 13 February. St John the Baptist - 8 - 10:15 am; St Mary's - 12 - 5:15 pm. Book yourself into an available time slot on the sign-up sheet, or turn up on the day and check which slots are still open.

MISSION FOR JANUARY: ANGLICARE NORTH COAST-AFFORDABLE HOUSING FOUNDATION. There are many people in our region who have difficulty affording to pay for suitable accommodation to live in. The Foundation assists people who are disadvantaged in some way and are unable to afford to pay normal market rent. There are strict eligibility guidelines to ensure that the Foundation operates in a very fair and equitable manner.

THIS FORTNIGHT TOGETHER

Monday - Friday		9.00am - 3.30pm	Op Shop-OPEN
Saturday		9.00am - 1.00pm	Op Shop-OPEN
Sunday	28 January	8.00am	Holy Communion-St John the Baptist
Fourth		10.00am	Holy Communion-St Mary's
Sunday after Epiphany			
Tuesday	30 January	9.00am	Craft Group-Admin Building
Wednesday	31 January	10.00am	Holy Communion-St Mary's
Thursday	1 February	10.30am 2.00pm	Coffee 'n' Chat-Gallery Café, Ballina Singing Group-St Mary's
Sunday	4 February	8.00am	Holy Communion-St John the Baptist
Fifth		10.00am	Holy Communion-St Mary's
Sunday after Epiphany			
Tuesday	06 February	9.00am	Craft Group-Admin Building
Wednesday	07 February	10.00am	Holy Communion-St Mary's
Thursday	8 February	10.30am 2.00pm	Coffee 'n' Chat-Gallery Café, Ballina Singing Group-St Mary's
Sunday	11 February	8.00am	Holy Communion-St John the Baptist
Fifth		10.00am	Holy Communion-St Mary's
Sunday after Epiphany		3.00pm	Syrinx & Cello Concert-St Mary's

PREPARATION FOR THE ANNUAL GENERAL MEETING: Sunday 25 February 2024

Nominations are called for the following positions:

Parish Churchwarden- two positions	Parish Council members- multiples of 3, maximum of 9
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Compliance Requirements: Churchwardens and Parish Council Member: Working With Children Check (every five years), Safe Ministry Check (every three years) , Safe Ministry Training (every three years), Faithfulness in Service training (every three years)

Nomination Forms- back of each church or Parish Office

Nominations to Parish Council Secretary or Parish Office by COB Thursday 15 February 2024. No nominations can be accepted at the meeting. **Any vacant positions are filled by Parish Council.**

Incumbent	The Rev'd Cathy Ridd Days off: Monday and Friday	Parish Office Administrator Cathie Guest Parish Office Hours 9.00am to 1.00pm, Mon - Fri
Assist. Curate	The Rev'd Mandy Larkin Days off: Friday and Saturday	Rev Cathy Ridd Email revridd@gmail.com Rev Cathy Ridd Mobile 0427 836 988
Parish Phone	6686 2094	Rev Mandy Larkin Email mandylarkin08@gmail.com Rev Mandy Mobile: 0460 872 944
Email	office@anglicanballina.com.au	
Op Shop Phone:	6686 0868	

Bank Account: BSB 705077 / Account 00040134

EFTPOS is available for any payments in the Parish Office.

The Anglican Parish of Ballina in the Diocese of Grafton is committed to protecting your privacy.